



# *Journey to the Center of Your Heart: A Transformational Writer's Retreat*

**Umbria, Italy**

**May 7 - 15, 2010**

**With Sharon Hooper, Author of *The Diaries of Avalon Rose*  
And  
Corinne Casazza, Author of *Walk Like an Egyptian***

## **Your Facilitators**



Sharon Hooper is a Professional Certified Coach with 30 years of award-winning business experience. As a women's leader, motivational speaker and facilitator, Sharon has challenged people to live their most authentic lives and writing

has been a major ingredient on this journey. She's been a columnist for United Press International's religion and spirituality website and is the author of *The Wisdom of Mary Magdalene* guidance card deck. Her debut novel, *The Diaries of Avalon Rose—First Blush*, is now available.

[www.diariesofavalonrose.com](http://www.diariesofavalonrose.com),  
[www.visionjourneys.com](http://www.visionjourneys.com),  
[www.sanctuarypublications.com](http://www.sanctuarypublications.com)



Corinne L. Casazza earned her Bachelor of Fine Arts in Writing, Publishing and Literature from Emerson College in Boston. She spent 15 years at a "Big Blue" company creating web content and marketing strategy for selling

software online. Corinne's novels *Divided We Fall* and *Walk Like an Egyptian* are now available. She is currently at work on a non-fiction book.

[www.casazzawriting.com](http://www.casazzawriting.com)



We will be based in the lovely Umbrian hills, a short distance to exquisite medieval villages. Let the rolling lush, green landscape of Cypress trees and olive groves inspire your inner muse to write the words you have been longing to put on paper.

## **During This Retreat You Will**

- Write from passion -- free yourself from the "rules of writing"
- Create your short story with an eye to a longer work
- Learn techniques to create an alive, compelling story
- Share and critique in a supportive, constructive environment
- Discover how to reach deep within yourself to create a story your readers cannot put down

## **What's Included In Your Retreat**

- Lodging and accommodations at the picturesque Villa Santa Croce in Umbertide, Italy
- All meals except 4 lunches and 2 dinners
- Day trips to the medieval villages of Sienna, Assisi, Gubbio and Montone
- Tuscany tour including wine-tasting and dinner
- Transportation to and from day trips
- 2.5 days of focused writing workshops; with ongoing discussions and immersion before/during/after excursions
- **Bonus - Free Teleconference prior to retreat**

## Trip Itinerary and Travel Details

- May 7** Friday Arrive at Rome's Fiumicino airport; transportation to hotel; overnight stay
- May 8** Saturday Depart 9am to Santa Croce in Umbertide, Umbria
- May 9** Sunday Day trip to Siena
- May 10** Monday Writing workshops at Santa Croce
- May 11** Tuesday Day trip to Assisi
- May 12** Wednesday Morning writing workshop at Santa Croce; Tuscany tour wine-tasting dinner
- May 13** Thursday Day trip to Gubbio/Montone/local medieval churches
- May 14** Friday Writing workshop at Santa Croce; Banquet feast
- May 15** Saturday Return to Fiumicino transportation included)

## Your Tour Includes:

- Round-trip transportation from and to Rome's Fiumicino airport
- Luggage handling at hotels (1 bag per person)
- Lodging and accommodations at the Villa at Santa Croce
- All site entrance fees and tour gratuities
- Local transportation throughout the trip
- All meals except 4 lunches and 2 dinners
- Day trips to medieval villages of Sienna, Assisi, Gubbio and Montone
- Tuscany Tour and wine-tasting dinner at Tuscan winery
- Transportation to and from day trips
- 2 1/2 days of writing workshops

## Tour Pricing

Per person double occupancy \$2589 based on double occupancy, which includes pre-paid hotel gratuities and taxes. We will not book your airline ticket to Rome's Fiumicino airport; however we are happy to assist you with recommendations.

We will depart at 9am on May 8th to Santa Croce. **\$500 non-refundable deposit due at time of registration. \$1500 due by March 7, 2010, 60 days prior to departure. Single room supplement is not available.**

2010 Tour price is guaranteed unless US/Italy Euro drops 5% or more from the 2/1/09 rates. If required, an exchange rate surcharge will be declared on April 1, 2010. If an FX supplement is required, it will be added to the final payment on April 7, 2010. Roommates: If you are not traveling with anyone you know, we will be happy to find you a suitable roommate. Per our terms and conditions, registration for the tour will be held open until 2 weeks before the departure date to match everyone with a roommate.

Note: This itinerary is subject to change due to conditions beyond our control.

**For information, contact Karen Koebnick 866-304-8700 or 928-282-2450 or e-mail Karen@stellarproductions.com or visit www.stellarproductionslive.com**

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## Registration Form

Please fill out this form, sign and return with your non-refundable registration deposit of \$500 to: Sedona Spiritual Journeys, 20 Bell Rock Plaza, Suite D, Sedona, AZ 86351

Final payment is due on March 7, 2010, 60 days before the tour departure date. If you are registering after that date, payment in full is due at that time.

Note: Registrations will be accepted after Jan 1, 2010 but are subject to availability of hotel space.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (Work) \_\_\_\_\_ (Home) \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_\_ Please send me information on charging my trip to my credit card.

I understand that upon receipt of my registration form and non-refundable deposit of \$500 per person, Sedona Spiritual Journeys will send my Registration Packet containing: statement of payment made, "What to Bring/Pack" list, Travel Tips, packing list, a brochure for optional trip cancellation/trip interruption insurance, and complete Terms/Conditions